

Date: June 14, 2017

Location: SeaTac Airport, Conference Facility, International Room

Title: Emerging practices on collaborative care management of chronic pain: Equipping primary care and the community to manage an epidemic

Goal: An in depth conversation with thought leaders in chronic pain and collaborative care from experienced “on the ground” practitioners, academicians, and community leaders and policy makers. This invitation only symposium will focus on evidence and emerging best practice approaches to support primary care providers in three main areas of pain management:

1. Prevention of transition to chronic pain
2. Treatment of chronic pain
3. Addressing complications (addiction)

In particular, what components of systems based interventions (collaborative care/behavioral health intervention for prevention and treatment, and community based MAT for addiction) are necessary to attain successful health outcomes.

Why Attend: Washington State has led the nation on curbing the opioid prescribing epidemic and is now focusing on innovations to address chronic pain at a population level. Chronic pain is debilitating for patients and overwhelming the current health system. Aligning efforts across the spectrum of chronic pain – from prevention to management, including addiction in the context of chronic pain – requires systems-based approaches grounded in evidence-based care coordination. Evidence indicates that appropriately resourced primary care achieves the best outcomes at the best value.

Takeaway: Common framework for community action on the prevention and adequate treatment of chronic pain, including addiction in the context of chronic pain.

Time	Topic	Speakers
8:00 am – 8:15 am	Welcome and Setting the Stage for the Day	Gary Franklin, MD, MPH Dan Lessler, MD, MHA
8:15 am – 8:35 am	Primary Care is at the Center of Collaborative Care in Health Systems	Stuart Freed, MD
8:35 am – 9:00 am	MacColl Principles: Building Effective Collaborative Teams in Health Systems	Michael Parchman, MD, MPH
9:00 am – 9:20 am	The AIMS Center: The Evidence Basis for Collaborative Care	Jurgen Unutzer, MD, MPH
9:20 am – 9:40 am	Evidence-based Interventions: Improving Patient Self-efficacy	Dawn Ehde, PhD
9:40 am – 10:00 am	<i>Break</i>	
10:00 am – 10:15 am	Intro Module 1: Preventing the Transition to Chronic Pain	Gary Franklin, MD, MPH
10:15 am – 10:45 am	Preventing Chronic Pain and Long Term Disability through Early Stepped Care Management: Centers for Occupational Health and Education	Tom Wickizer, PhD, MPH
10:45 am – 11:35 am	Panel Comments, Discussion and Q&A: <ul style="list-style-type: none"> • Dr. Zatzick - Systems Intervention in Emergency Care / PCORI Study • Dr. Mecklenburg - Systems Intervention in Primary Care of Back Pain / Bree Collaborative 	Gary Franklin, MD, MPH Tom Wickizer, PhD, MPH Doug Zatzick, MD Robert Mecklenburg, MD
11:35 am – 12:20 pm	<i>Lunch</i>	
12:20 pm – 12:40 pm	Intro Module 2: Improving Community Based Treatment for Chronic Pain – The Best Antidote to Reversing the Opioid Epidemic	Erin Krebs, MD, MPH
12:40 pm – 1:00 pm	Delivering Integrated Pain Care to Veterans	Steven Dobscha, MD
1:00 pm – 1:20 pm	The PPACT Study: Delivering Collaborative Care for Pain in Primary Care	Lynn DeBar, PhD
1:20 pm – 1:40 pm	Healthy Worker 2020: A Collaborative Care Plan for Injured Workers	Kari Stephens, PhD
1:40 pm – 3:00 pm	Panel Comments, Discussion and Q&A: <ul style="list-style-type: none"> • Dr. Butler and Dr. Sandoval – Perspective from FQHC Primary Care Centers 	Erin Krebs, MD, MPH Steven Dobscha, MD Lynn DeBar, PhD Kari Stephens, PhD Malcolm Butler, MD Brian Sandoval, Psy.D.
3:00 pm – 3:15 pm	<i>Break</i>	
3:15 pm – 3:30 pm	Intro Module 3: Hub and Spoke for Delivery of MAT	Charissa Fotinos, MD, MSc
3:30 pm – 3:50 pm	Implementing Hub and Spoke in Vermont - Outcomes and Challenges	Harry Chen, MD
3:50 pm – 4:40 pm	Panel Comments, Discussion and Q&A: <ul style="list-style-type: none"> • Dr. Judith Tsui • Charles Watras 	Charissa Fotinos, MD, MSc Harry Chen, MD Judy Tsui, MD, MPH Charles Watras, LICSW, CDP, MAC, ICCS
4:40 pm – 4:50 pm	Wrap-up	Leah Hole-Marshall