Welcome

Gary Franklin, MD, MPH
Kathy Lofy, MD
David Tauben, MD
INTERAGENCY GUIDELINE ON PRESCRIBING OPIOIDS FOR PAIN

Developed by the Washington State Agency Medical Directors’ Group (AMDG)* in collaboration with Senior State Officials, an Expert Advisory Panel, Actively Practicing Providers, and Public Stakeholders

Written for Clinicians who Care for Patients with Pain
3rd Edition  June 2015

AMDG Opioid Guideline Update Committee Co-chairs:

Gary Franklin, MD, MPH
Medical Director WA State Dept. of Labor & Industries
Research Professor Depts. Environmental Health, Neurology, & Health Services, University of Washington

Daniel Lessler, MD, MHA
Chief Medical Officer, Washington State Health Care Authority

David Tauben, MD
Chief, Division of Pain Medicine, University of Washington Depts. of Medicine, Anesthesia and Pain Medicine
LEARNING OBJECTIVES

After participating in the full conference, participants will be able to:

1. Understand scientific evidence behind safe opioid prescribing.
2. Prevent opioid dose escalation that can lead to ineffective pain management, hospitalization and death, by learning how to recognize inappropriate and ineffective dosing.
3. Recognize signs & symptoms of patients who are at high risk for poor outcomes with opioids.
4. Properly monitor patients on chronic opioid analgesic therapy.
5. Apply effective strategies evaluating pain in variety of patient populations & stages of pain, and determine the best way to manage pain while improving function.
6. Prevent unnecessary chronic opioid use by learning about non-opioid options for effective pain management.
8. Apply opioid tapering techniques, when needed.
9. Apply the latest information about opioid use, misuse, addiction, and death.
10. Follow state and national recommendations to lessen the epidemic of opioid misuse and abuse.
GUIDELINE ADVISORS AND CONTRIBUTORS

1. David Beck MD, Internal and Addiction Medicine, Kitsap Peninsula
2. Randi Beck MD, Group Health Cooperative, Seattle
3. Richard Brantner MD, Emergency Medicine and MQAC, Olympia
4. Malcolm Butler MD, Columbia Valley Community Health, Wenatchee
5. Philip Capp MD, Swedish Medical Center, Seattle
6. Gregory T Carter MD, MS, St. Luke’s Rehab Institute, Spokane, and University of Washington
7. Dianna Chamblin MD, The Everett Clinic, Everett
8. John Chang MD, The Wellpoint Companies
9. Pamela Stitzlein Davies MS, ARNP, ACHPN, University of Washington, Seattle
10. Dermot Fitzgibbon MD, University of Washington, Seattle
11. Andrew Friedman MD, Virginia Mason Medical Center
12. Deb Gordon RN-BC, MS, DNP, ACNS-BC, FAAN, University of Washington
13. Lucinda Grande MD, Pioneer Family Practice, Lacey
16. Ray Hsiao MD, University of Washington, Seattle
17. Gordon Irving MD, Swedish Medical Center
18. James Luciano MD, The Wellpoint Companies
19. Joseph Merrill MD, University of Washington, Seattle
20. Mary Kay O’Neill MD, Coordinated Care, Tacoma, WA
22. Patricia Read-Williams MD, University of Washington Neighborhood Clinic, Issaquah
23. Richard Ries MD, University of Washington, Seattle
24. Andrew Saxon MD, VA Puget Sound Health Care System, University of Washington
25. Michael Schatman PhD, CPE, Foundation for Ethics in Pain Care, Bellevue
26. Alyssa Stephenson-Famy MD, University of Washington, Seattle
27. Mark Sullivan MD, PhD, University of Washington, Seattle,
28. David J. Tauben MD, University of Washington, Seattle
29. Gregory Terman MD, PhD, University of Washington, Seattle
30. Stephen Thielke MD, University of Washington, Seattle
31. Gary Walco PhD, Seattle Children’s Hospital, UW School of Medicine
32. Michael VonKorff ScD, Group Health Research Institute, Seattle
1. **Debra Gordon** is on advisory boards for Zogenix, Pazira, and Janssen.

2. **Lucinda Grande** will discuss off-label use of a variety of medications for chronic pain and for opioid withdrawal symptoms.

3. **Dan Lessler** has a relevant financial relationship with Johnson & Johnson, Abbie, and Pfizer.

4. **Andrew Saxon** is an editor of *UptoDate* and will be discussing off-label use of a product and/or an investigational product.

5. **Alyssa Stephen-Famy** will be discussing off-label use of a product and/or an investigational product for pregnant and non-pregnant populations.

6. **Mark Sullivan** consults for Janssen and develops and disseminates CME on opioids for Opioid REMS program companies.

7. **David Tauben** is a speaker for ER/LA Opioid Analgesics REMS Program Companies, and support by NIH Centers of Excellence for Pain Education

8. **Michael Von Korff**, performs research on opioids for Pfizer and Campbell Alliance Pharmacy Consortium.

9. **Gary Walco** is a Pfizer consultant and will be discussing off-label use of a product

No other speakers report financial or other potential conflicts of interest
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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Lead</th>
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<tbody>
<tr>
<td>8:00</td>
<td>Welcome</td>
<td>Gary Franklin, MD, MPH Kathy Lofy, MD David Tauben, MD</td>
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<tr>
<td>8:15</td>
<td>The Opioid Epidemic: Overview and a Look to the Future</td>
<td>Chris Jones, PharmD, MPH</td>
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<td>The role of state and federal government and emerging federal policy</td>
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<td>9:00</td>
<td>What is the Evidence on the Safety and Effectiveness of Opioids?</td>
<td>Jane Ballantyne, MD</td>
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<td>How is dose related to morbidity and mortality? Defining dependence and addiction</td>
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<td>9:30</td>
<td>Highlights of the 2015 AMDG Interagency Guideline on Prescribing Opioids for Pain</td>
<td>David Tauben, MD</td>
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<td>10:00</td>
<td>Break</td>
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<tr>
<td>10:15</td>
<td>Non-opioid Treatment Options and Preventing Ineffective Chronic Opioid Analgesic Therapy</td>
<td>Andrew Friedman, MD</td>
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<td>10:45</td>
<td>Prescription Monitoring Program in Washington State</td>
<td>Chris Baumgartner, BS</td>
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<td>11:15</td>
<td>Opioid Use in Patients with Mental Health and Substance Use Comorbidities</td>
<td>Mark Sullivan, MD, PhD</td>
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<td>11:45</td>
<td>Weaning Off Opioids and Initiating Treatment for Opioid Use Disorder</td>
<td>Andy Saxon, MD Charissa Fotinos, MD</td>
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<td>12:15</td>
<td>Lunch</td>
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<td>Time</td>
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| 1:00  | Panel: Lessons from the Front Line – Caring for Chronic Pain Patients in the Primary Care Setting | Michael Von Korff, ScD – Moderator  
Lucinda Grande, MD  
Paul Williams, MD  
Patricia Read-Williams, MD  
Phillip Capp, MD |
| 1:00  | Panel: Lessons from the Front Line – Caring for Chronic Pain Patients in the Primary Care Setting | How the guideline is used in managing chronic pain patients  
How to integrate the PMP into your practice, and triggers for checking the PMP (e.g. new patient, red flags)  
How to communicate with your patients who have aberrant behaviors |
| 2:00  | Opioids during the Perioperative Period                               | Greg Terman, MD, PhD                                                          |
| 2:30  | Break                                                                |                                                                              |
| 2:45  | Panel: Opioid Use in Special Populations                             | Dan Lessler, MD – Moderator  
Alyssa Stephenson-Famy, MD  
Gary Walco, PhD  
Deb Gordon, RN, DNP, FAAN  
Pam Davies, ARNP, MS, ACHPN |
| 2:45  | Panel: Opioid Use in Special Populations                             | Pregnancy and Neonatal Abstinence Syndrome  
Pediatrics  
Older adults  
Cancer survivors |
| 3:45  | Panel: Pain Care Innovations in Health Care Systems                  | Gary Franklin, MD, MPH – Moderator  
Michael Von Korff, ScD  
Jeanne Sears, PhD, MS, RN, PHN  
Erica Peavy, MD, CPE  
Stephen Hunt, MD, MPH |
| 3:45  | Panel: Pain Care Innovations in Health Care Systems                  | Group Health  
Collaborative Care for Pain  
Everett Clinic  
VA Pain Care in Patient Aligned Care Team (PACT) |
| 4:45  | Closing Remarks                                                      | Gary Franklin, MD, MPH  
David Tauben, MD  
Kathy Lofy, MD |