



Prescription Monitoring Program

AMDG Evidence-Based Primary Pain Care Conference

PUBLIC HEALTH
ALWAYS WORKING FOR A SAFER AND
HEALTHIER COMMUNITY



Prescription Review
Prescribe health Dispense safely

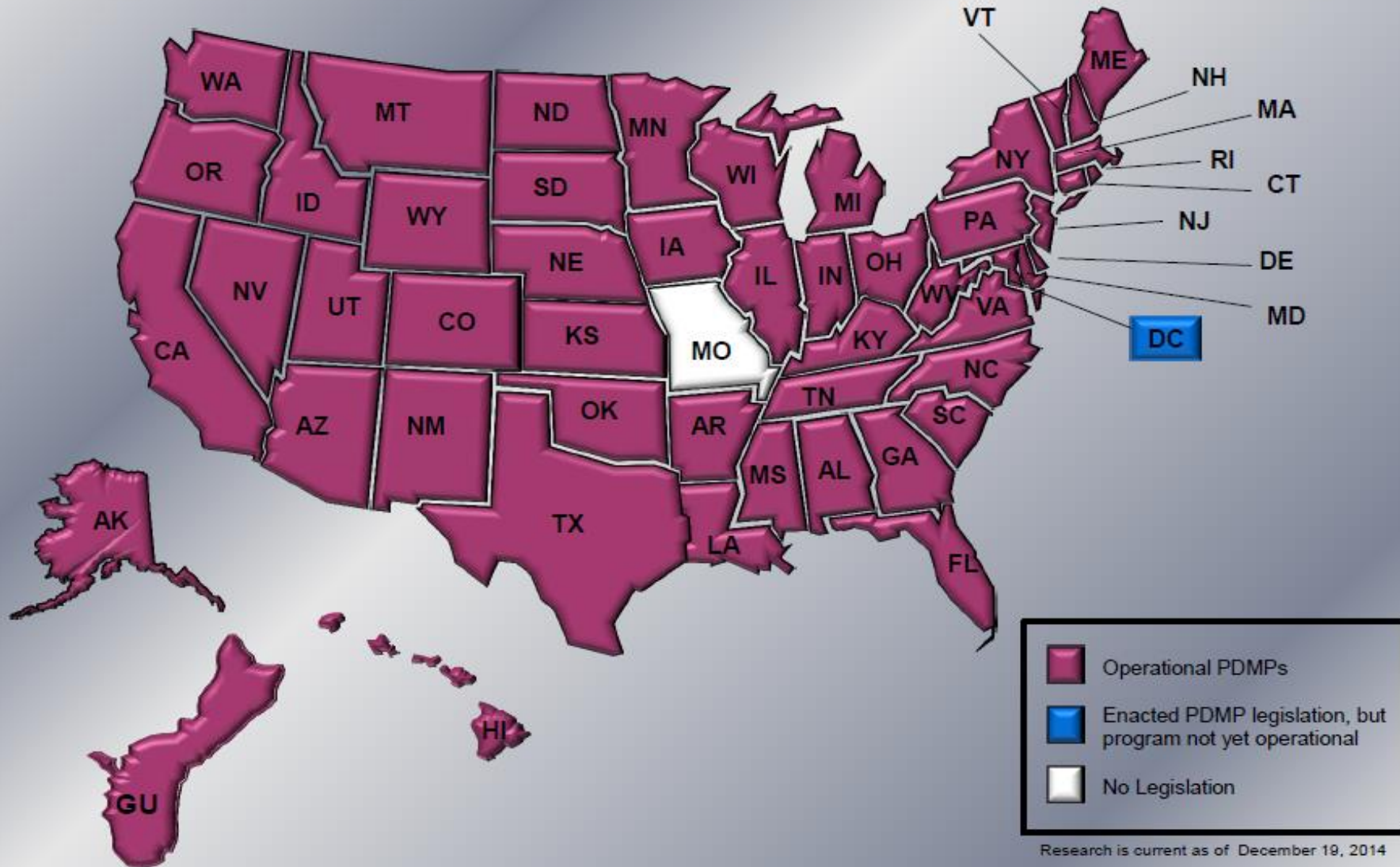
Program Overview

WA Prescription Monitoring Program

PDMP Training & Technical Assistance Center

Status of Prescription Drug Monitoring Programs (PDMPs)

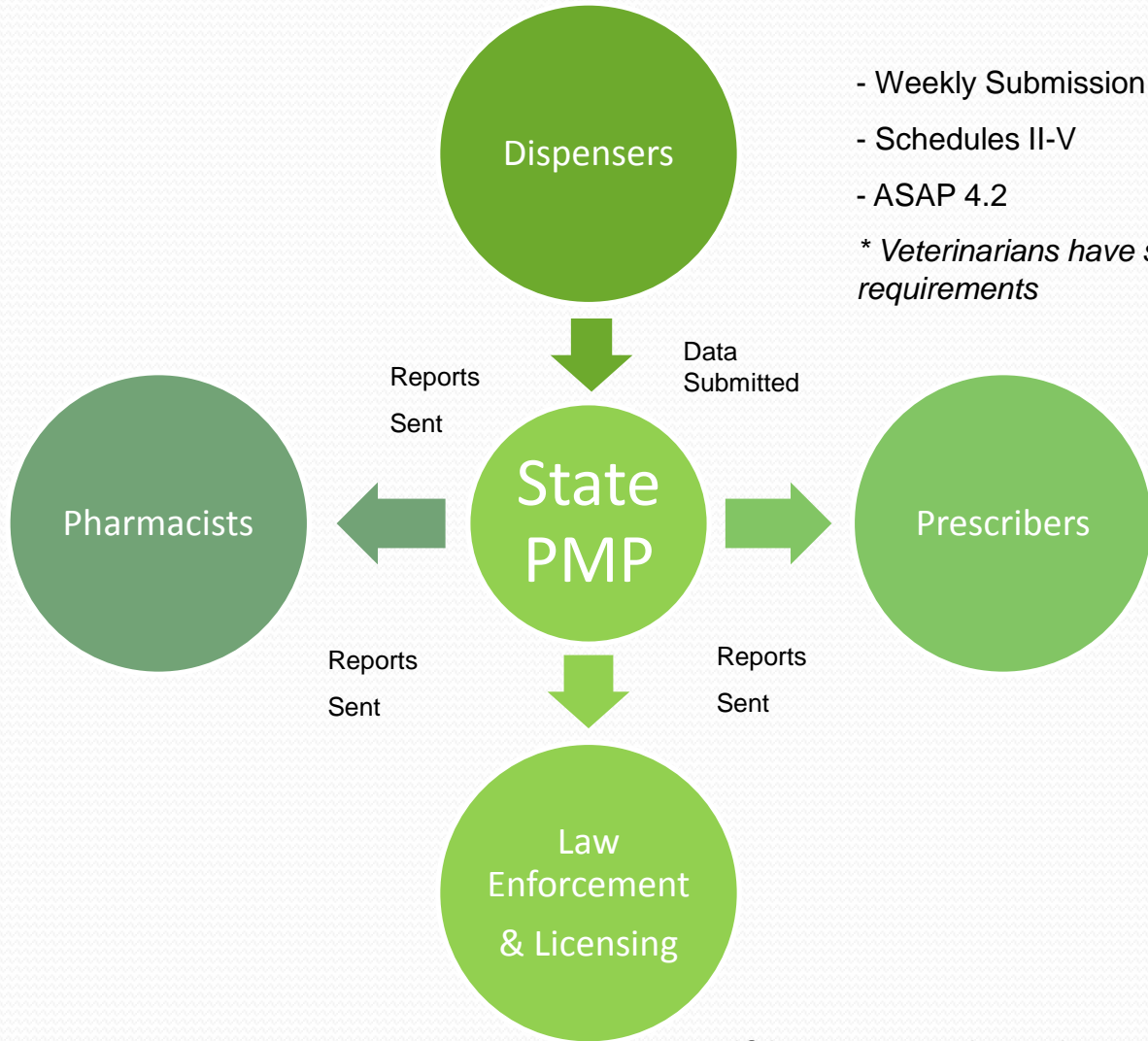
** To view PDMP Contact information, hover your cursor over the state abbreviation*



DOH's Goals for Washington's PMP

- To give practitioners an added tool in patient care
- To allow practitioners to have more information at their disposal for making decisions
- To get those who are addicted into proper treatment
- To help stop prescription overdoses
- To educate the population on the dangers of misusing prescription drugs
- To make sure that those who do need scheduled prescription drugs receive them
- To curb the illicit use of prescription drugs

System Overview



- Weekly Submission
- Schedules II-V
- ASAP 4.2

** Veterinarians have separate requirements*

*Other groups may also receive reports other than those listed

Who isn't required to submit data

- Practitioners who directly administer a drug
- A licensed wholesale distributor or manufacturer
- Prescriptions provided to patients receiving inpatient care at hospitals
- Pharmacies operated by the Department of Corrections (unless an offender is released with a dispensing)
- Veterans Affairs, Department of Defense or other federally operated pharmacies (Indian Health Services is now reporting voluntarily & Veterans Affairs (4 of 5 locations))
- Opioid Treatment Programs

Who Has Access

- Prescribers & dispensers - in regards to their patients
- Licensing boards – in regards to investigations
- Individuals – in regards to any prescription dispensed to them
- DOH/Vendor – in regards to program operation
- Law Enforcement/Prosecutor – for bona fide specific investigations
- Medical Examiner/Coroner – cause of death determination
- HCA (Medicaid), L&I (Worker's Comp), DOC (Offenders)
- De-identified information may be provided for research and education

Master Acct. Registrations

- Pharmacist 4,479 (44%)
- Medical Doctor 6,094
- Medical Limited 360
- Physician Fellowship 4
- Teaching/Research 3
- Osteopathic Physician 611
- Osteopathic Limited 54
- Physician Assistant 1,234
- Osteopathic Phys. Assist. 22
- Nurse Practitioner 1,896
- Dentist 1,332
- Dental Community Resident 0
- Dental UW Resident 6
- Dental Faculty 1
- Podiatric Physician 94
- Naturopathic Physician 61
- Optometrist 45
- Veterinarian 52

03/31/15 – 11,869 total prescribers registered (30.72% of DEA Registrants)

Delegate Accounts for Prescribers

- The rule allows for “licensed health care practitioner authorized by a prescriber” to access information as a delegate
- Most common delegates are registered nurses and medical assistants
- Same registration process for the delegate
- Prescribers manage (link and un-link) delegate accounts to their main account to make requests on their behalf

Key PMP Benefits for Providers

- CHECK for misuse, multiple prescribers (coordinate care)
- CHECK for drug interactions or other harm
- USE reports for compliance with treatment contracts
- CHECK history of transactions linked to DEA number – fraudulent scripts and monthly reporting

PMP How To 101

www.wapmp.org

Links to

- DOH PMP Website
- Educational and Training videos
- WA PMP Statute (RCW)
- WA PMP Rules (WAC)
- WA PMP Resources
- WA PMP Registration for Practitioners & Pharmacists

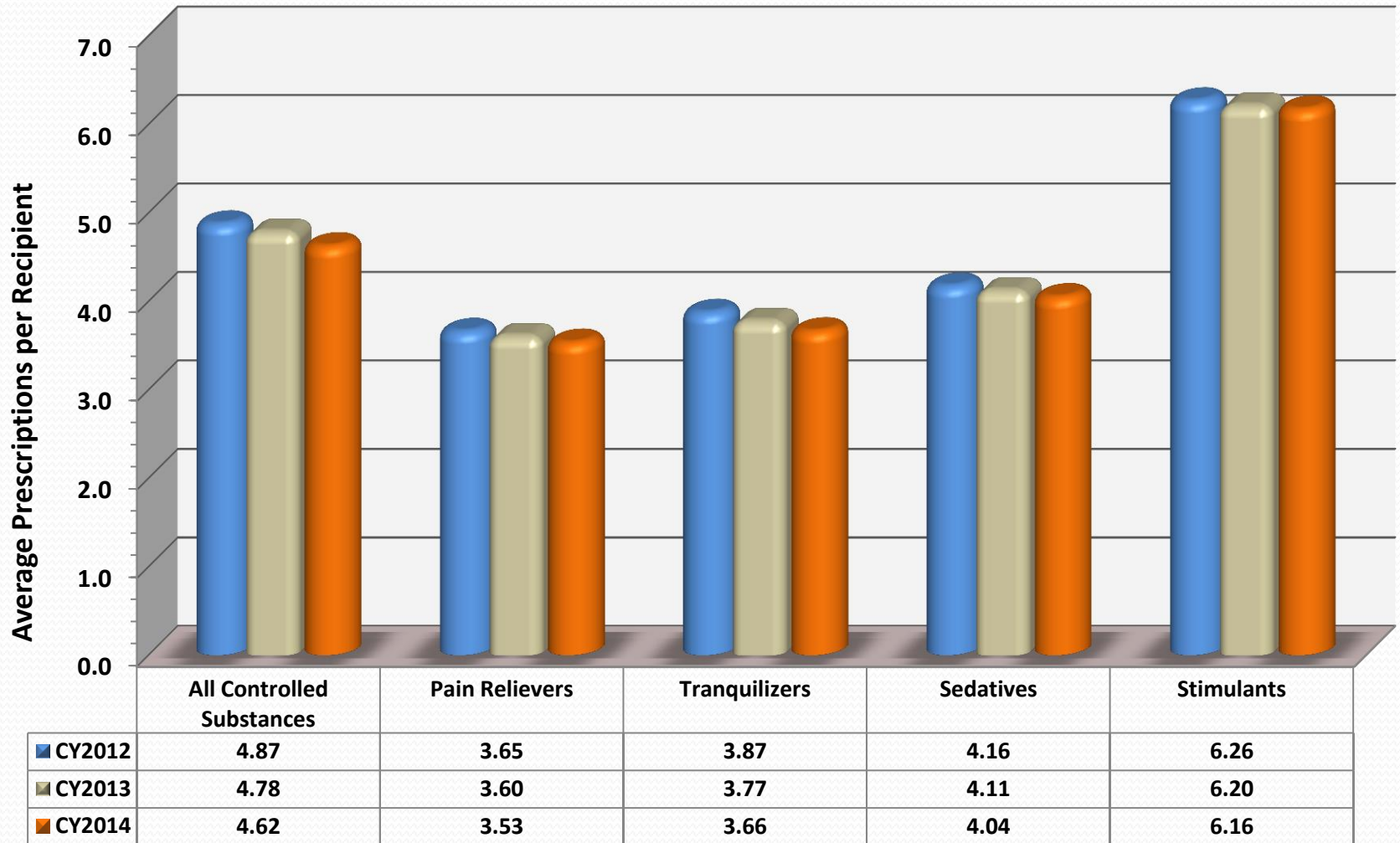
Customer Satisfaction Survey Comments

- “This has changed my practice as an ER Physician. No single thing in the last 10 years has had such a positive impact on my practice and my patients as this program, so thank you!”
- “I really am grateful to have the PMP active. It is absolutely essential for any Pain Management practice and essential for any physician prescribing controlled substances.”
- “I believe that this program has literally saved the lives of several of my patients. I have been floored by the number of narcotics dozens of teenaged girls have been obtaining (1500 to 2000 pills in 6 months). I have been able to have meaningful interventions with them and their families.”

Data update

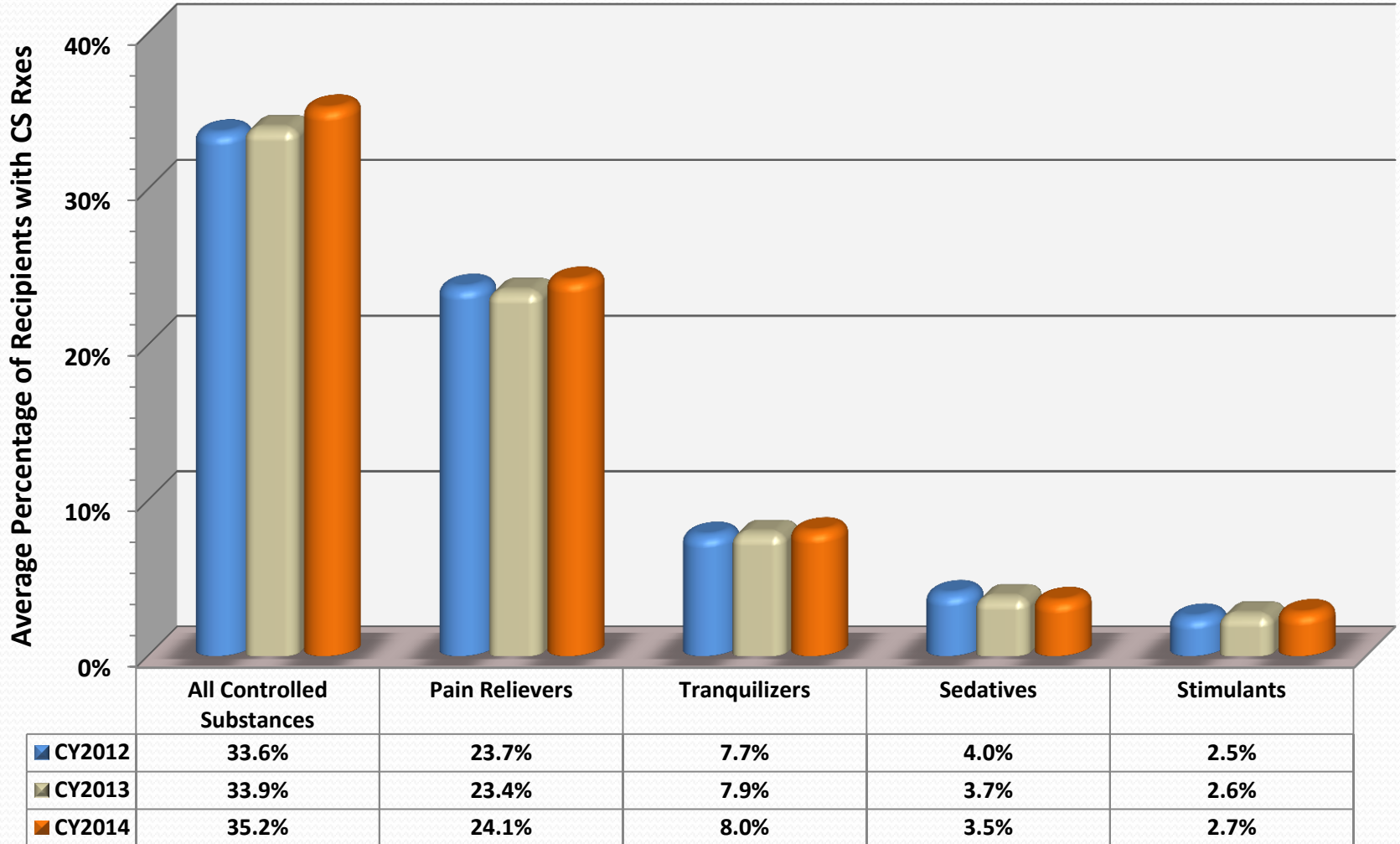
WA Prescription Monitoring Program

Three-Year Trend in Prescriptions per Recipient, 2012-2014 Statewide by Class of Controlled Substance



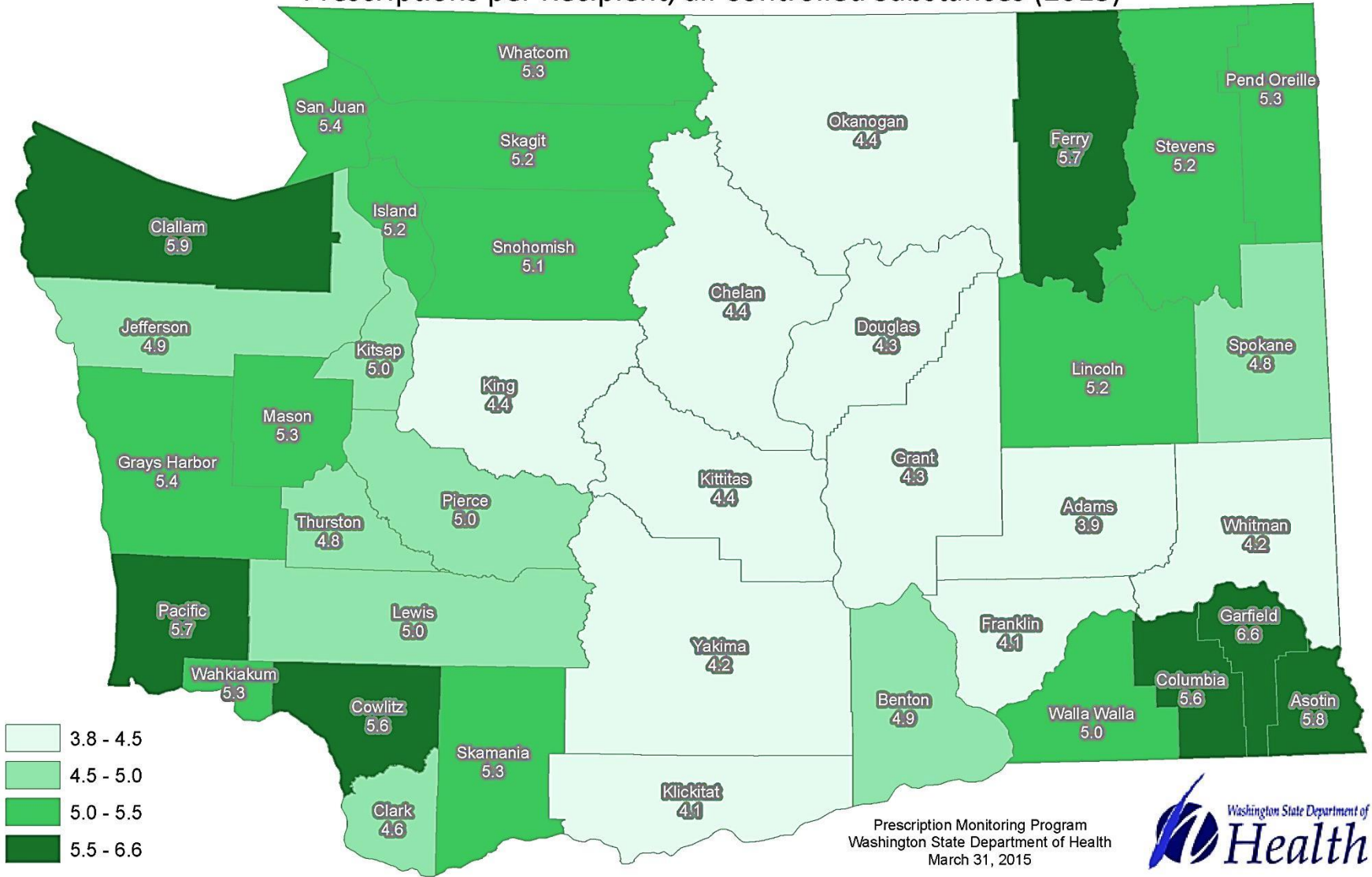
Source: Washington Prescription Monitoring Program

Three-Year Trend in % of Residents Filling CS Prescriptions Statewide by Class of Controlled Substance



Source: Washington Prescription Monitoring Program

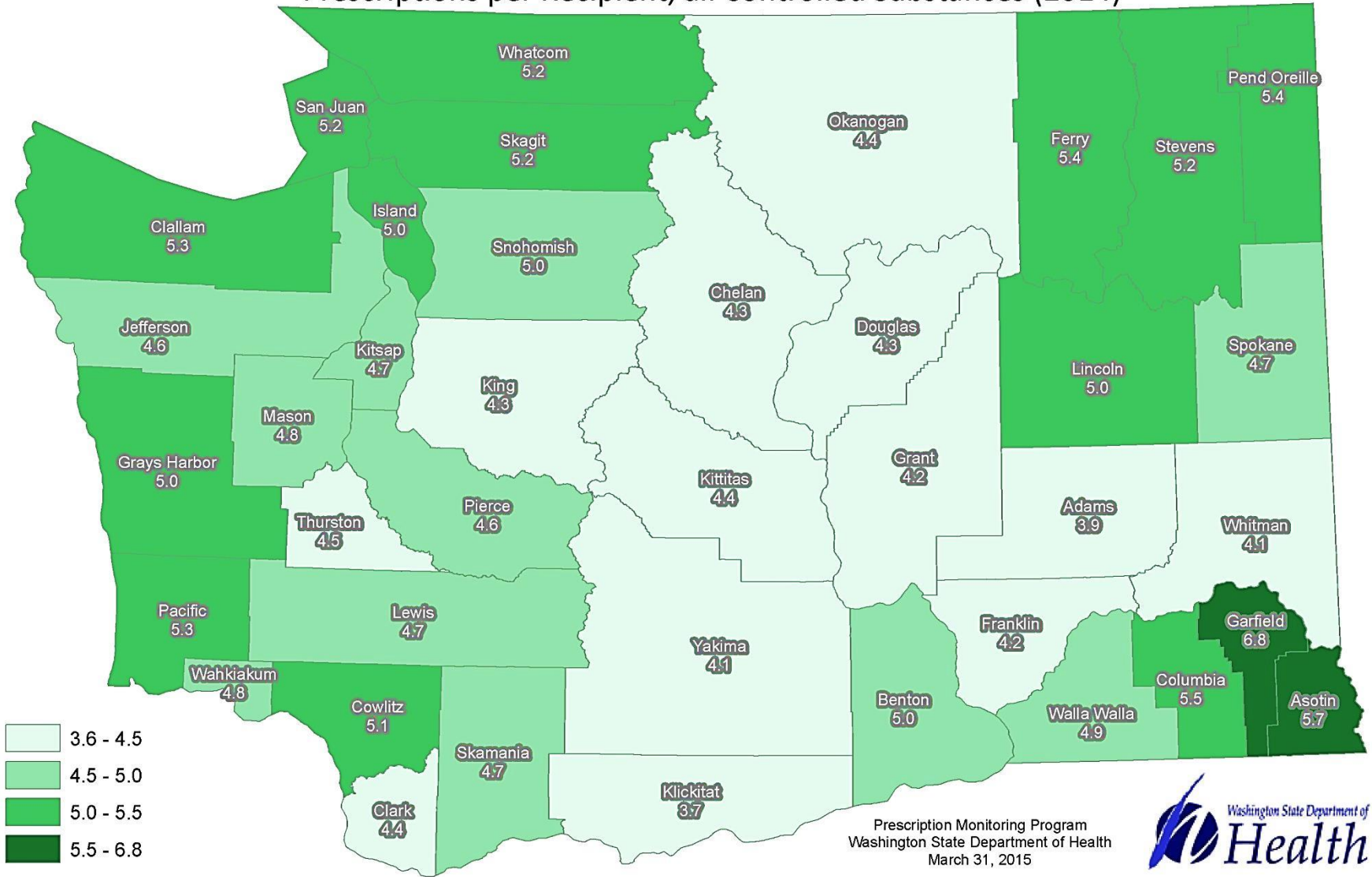
Prescriptions per Recipient, all Controlled Substances (2013)



Prescription Monitoring Program
 Washington State Department of Health
 March 31, 2015



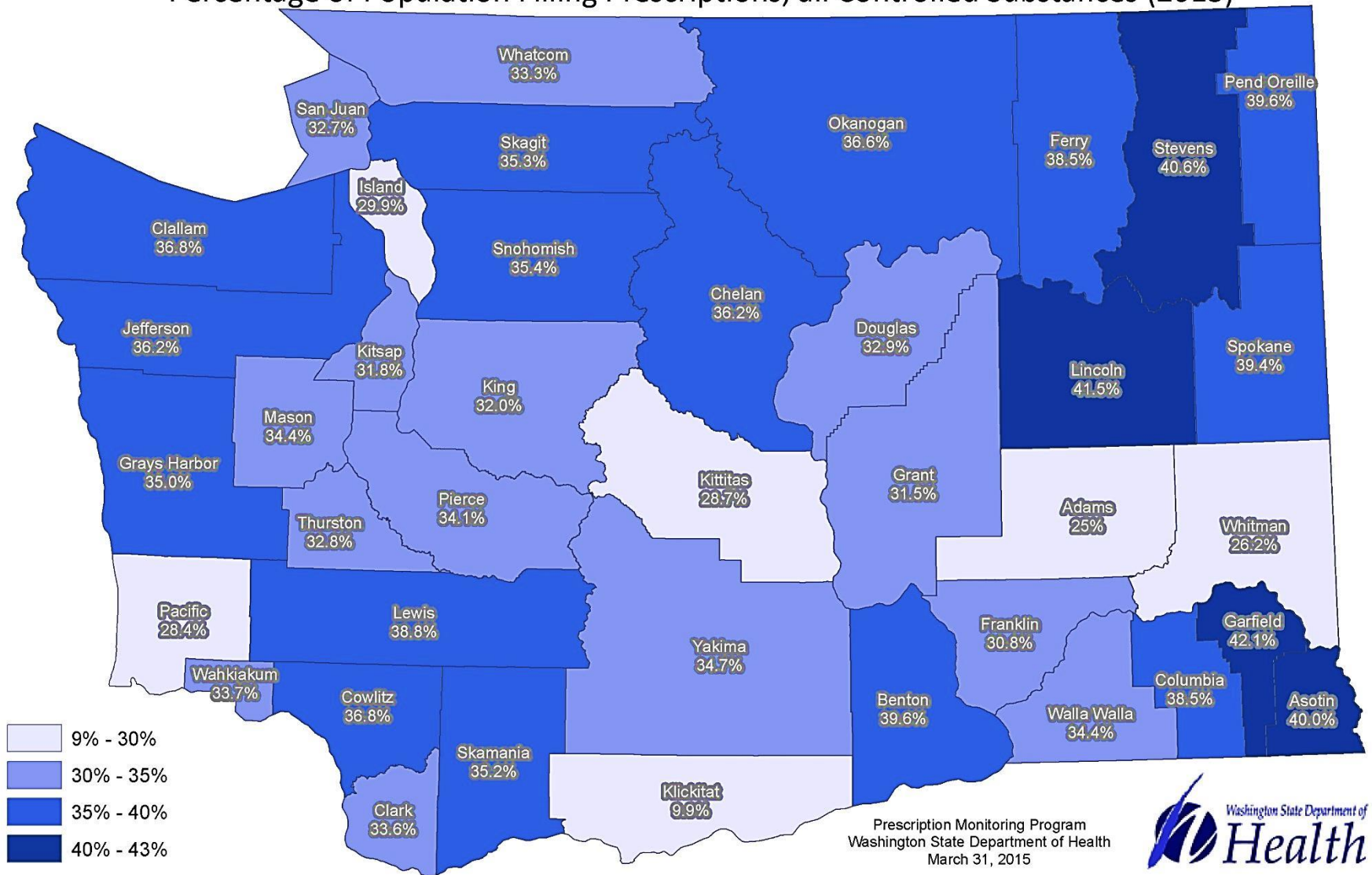
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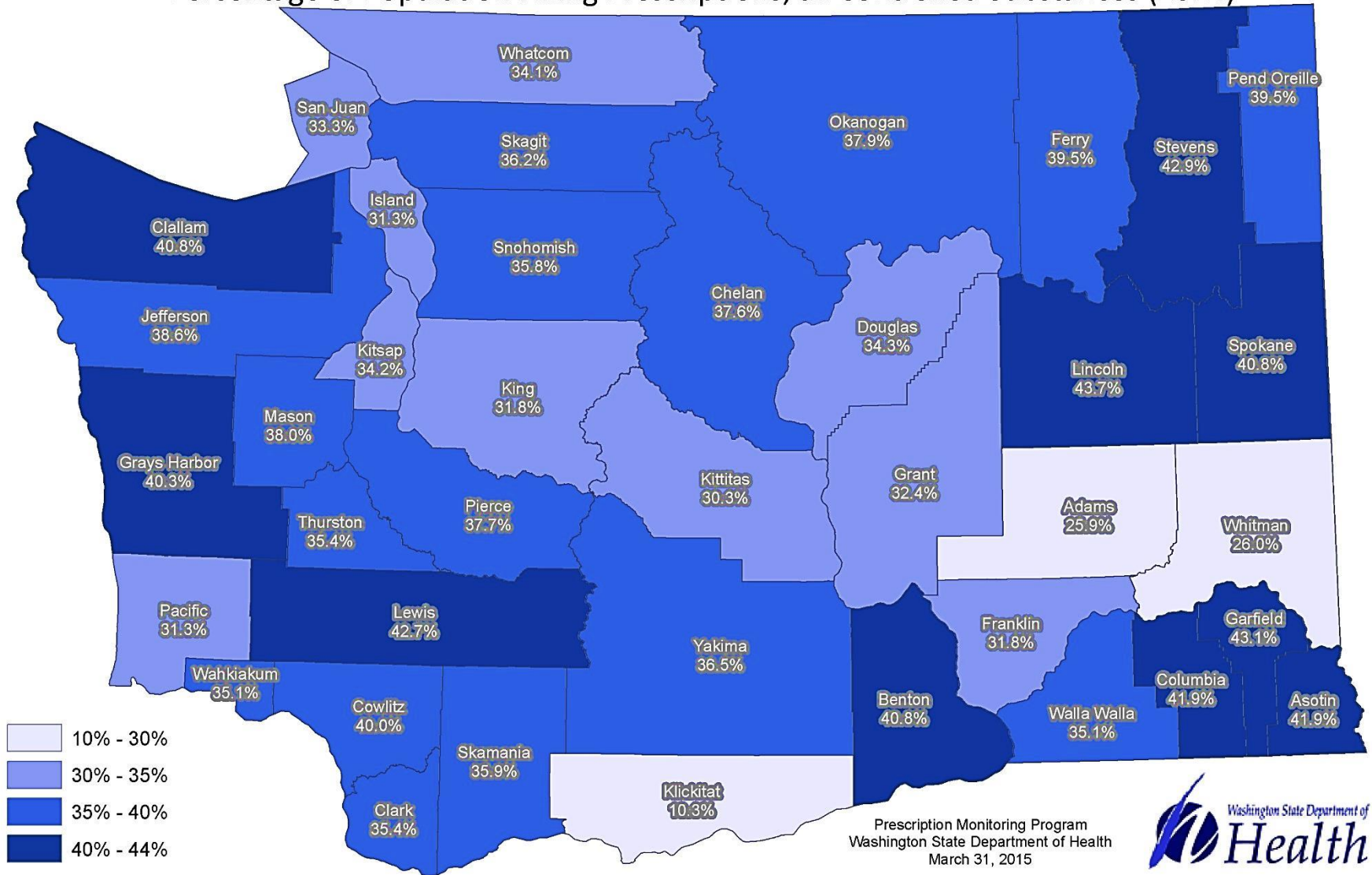
Percentage of Population Filling Prescriptions, all Controlled Substances (2013)



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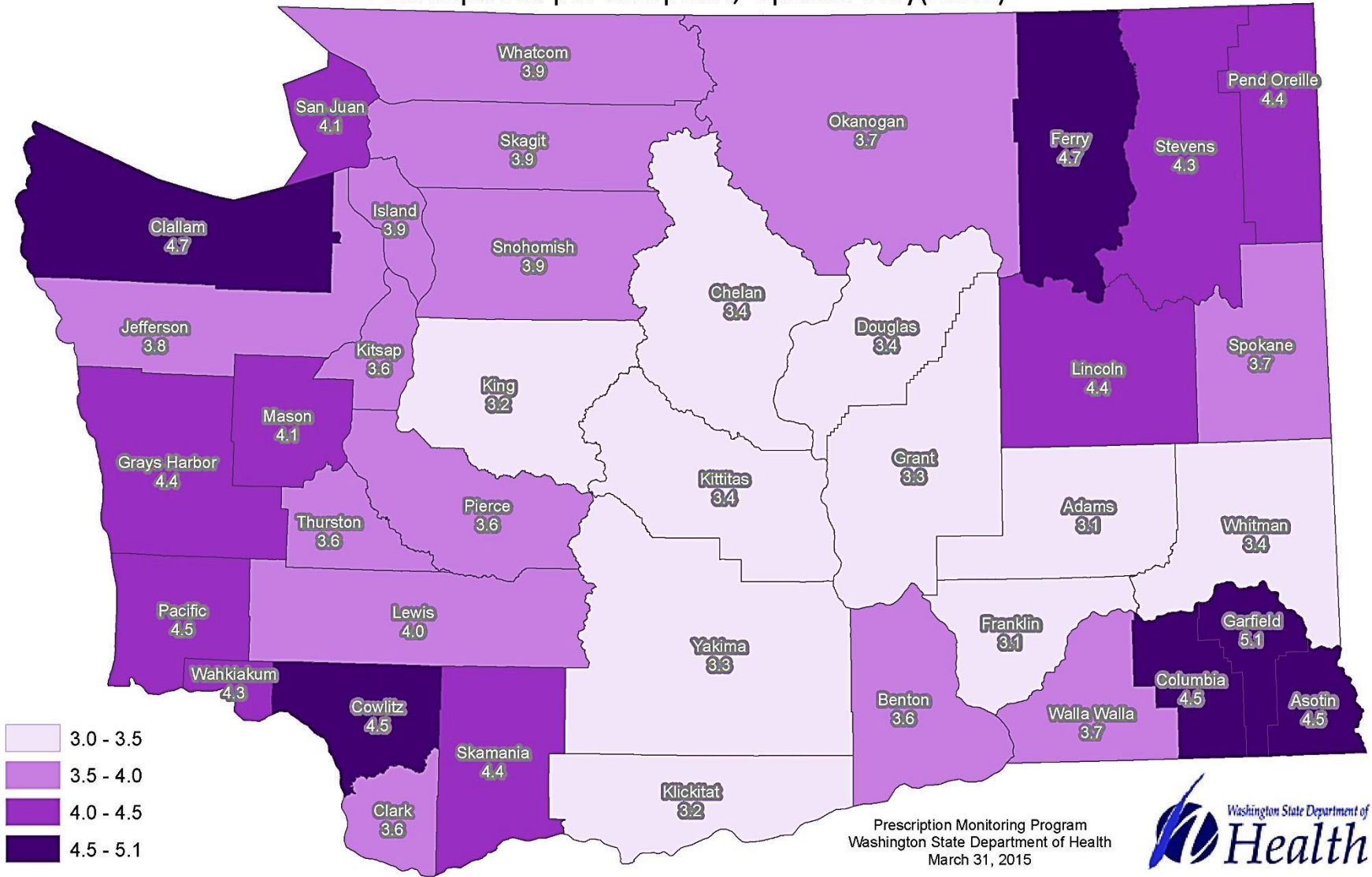
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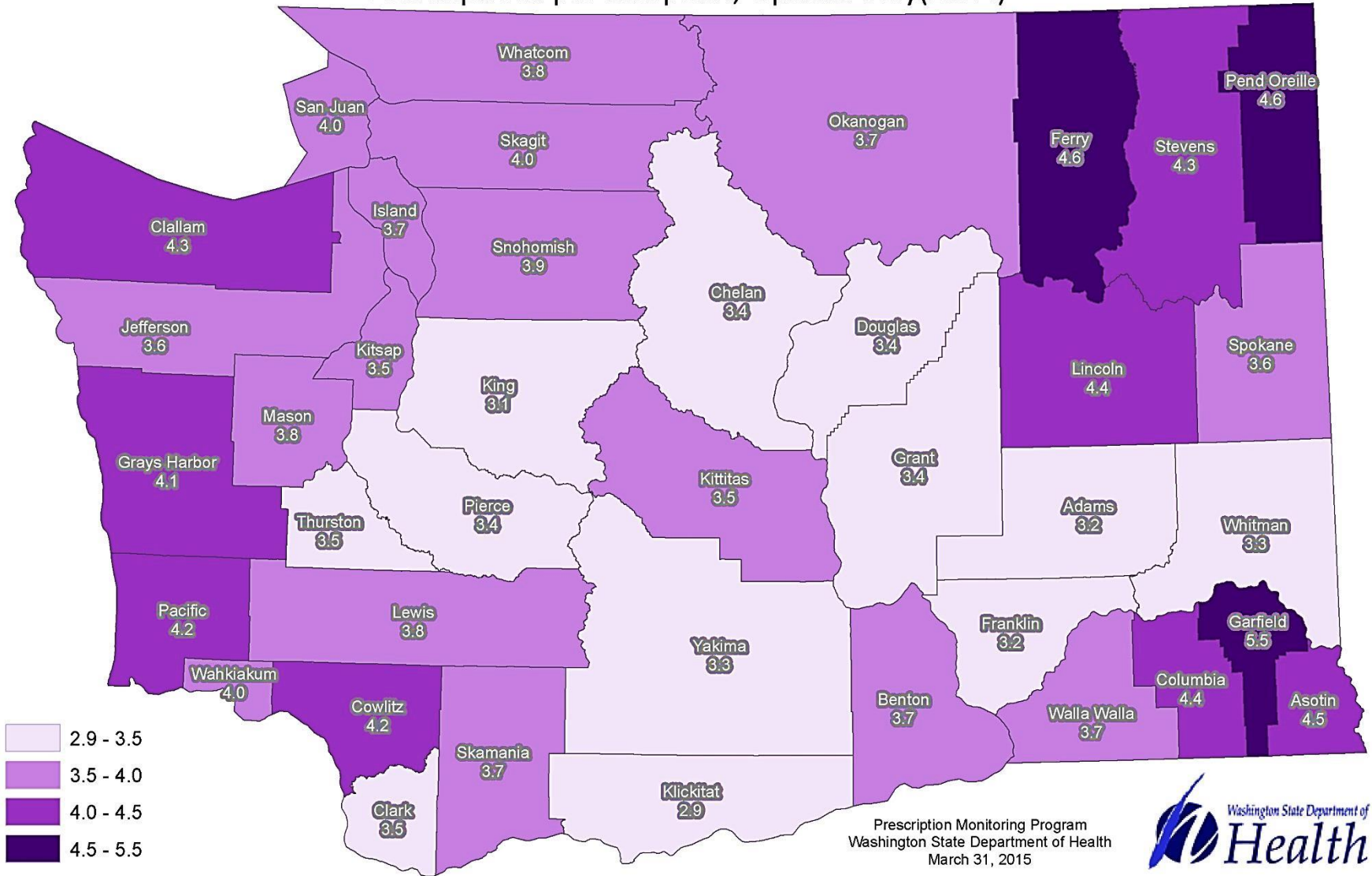
Prescriptions per Recipient, Opioids only(2013)



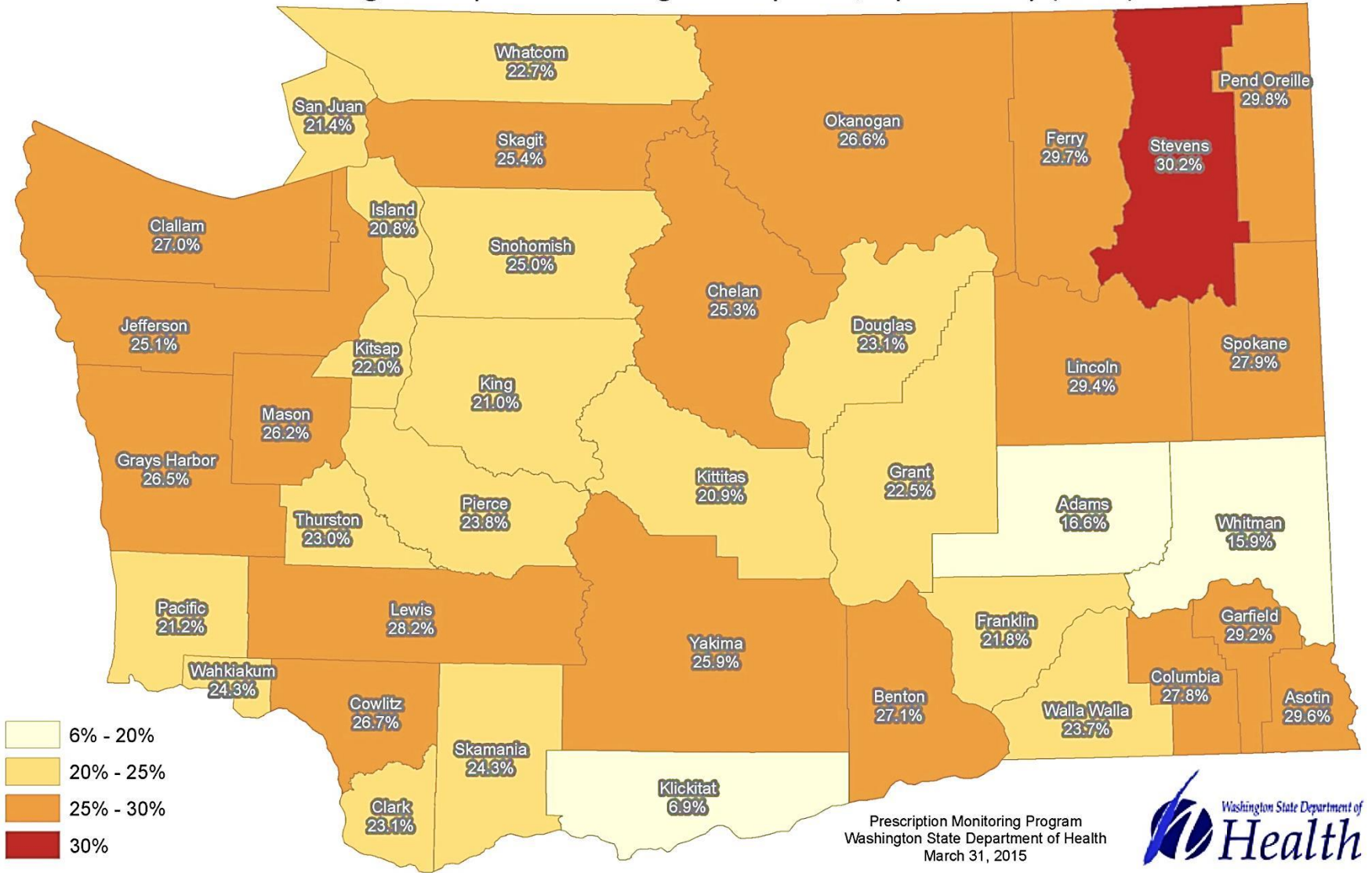
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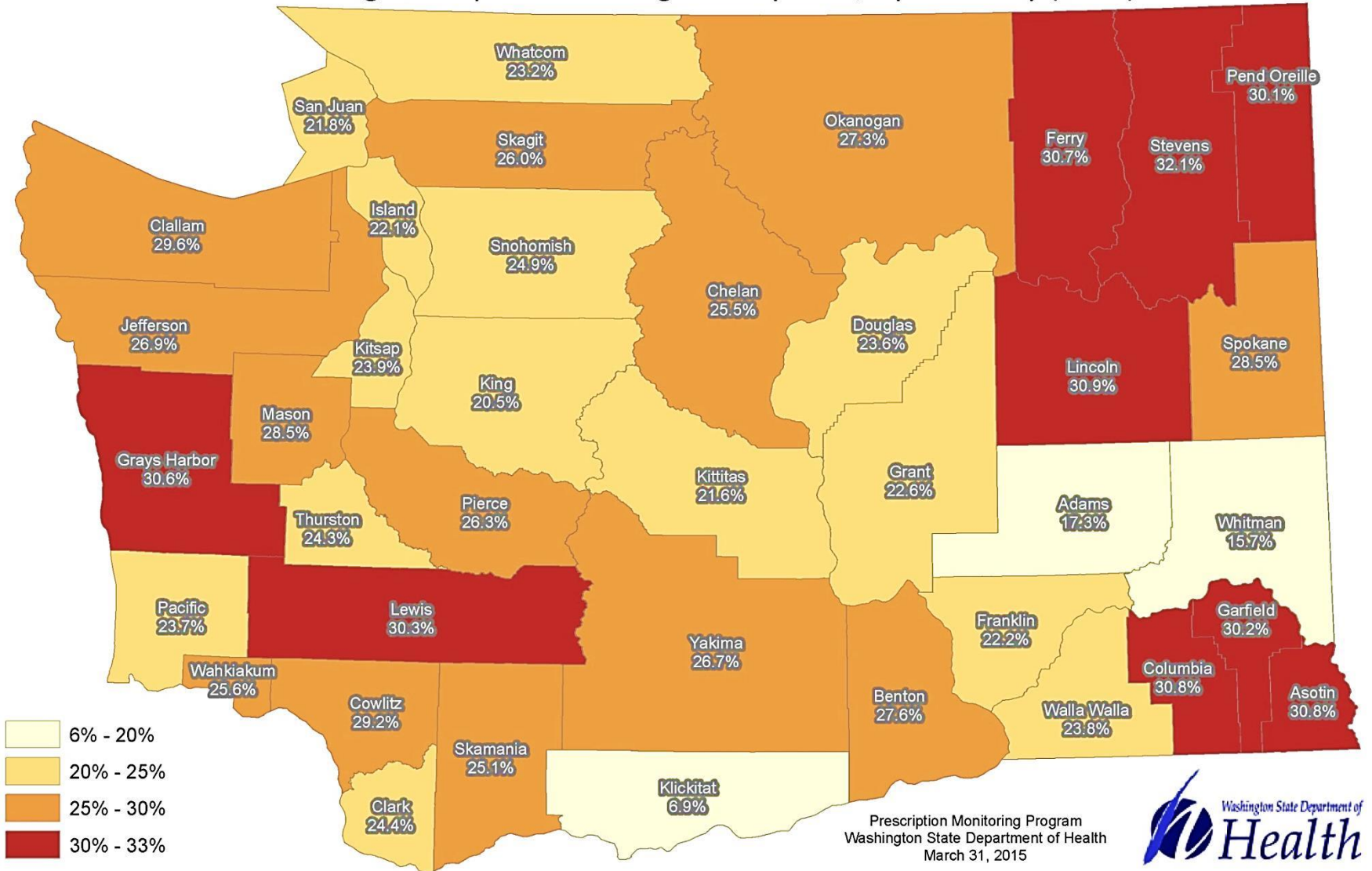
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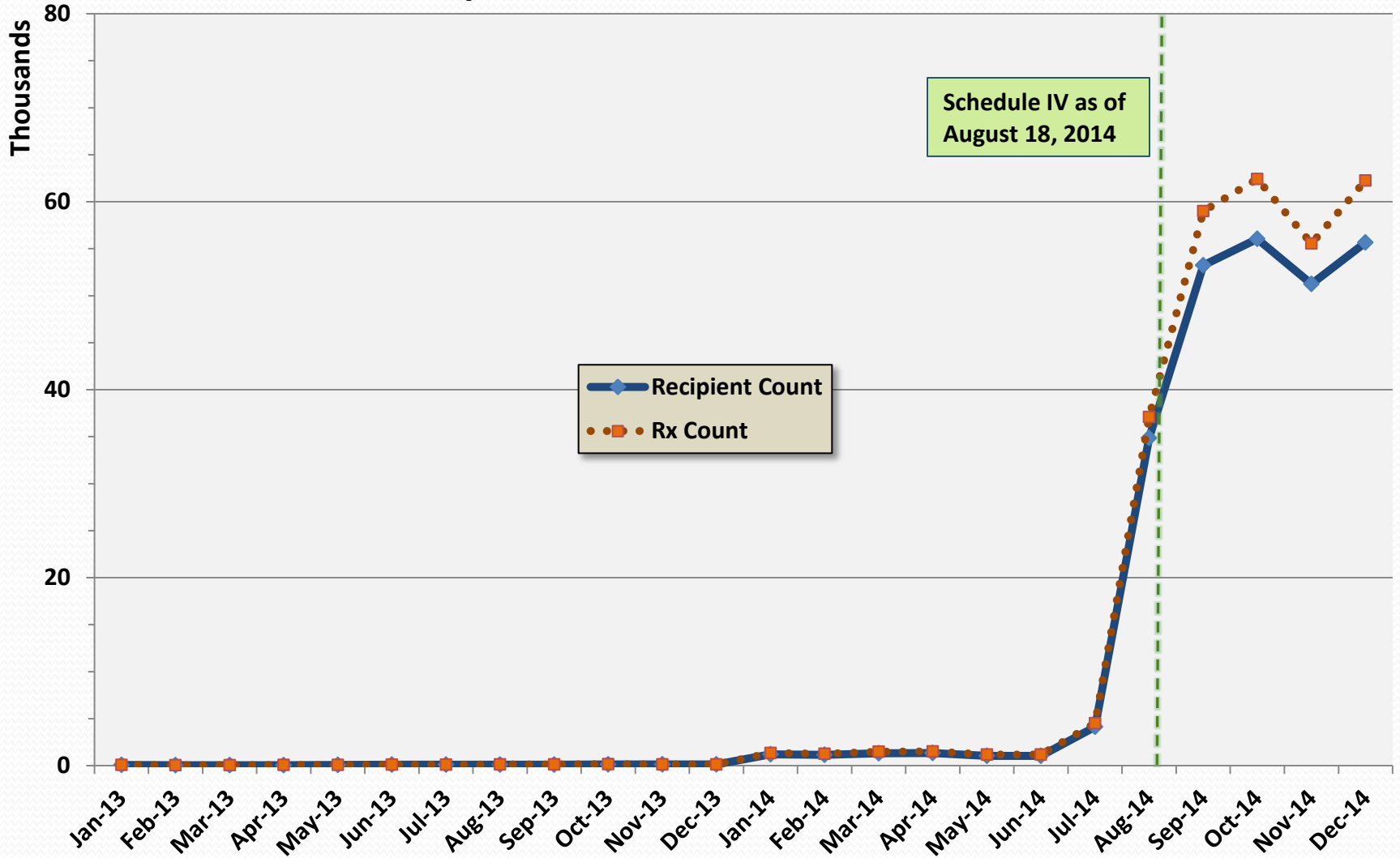
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Prescription Trends, 2013-2014: Tramadol

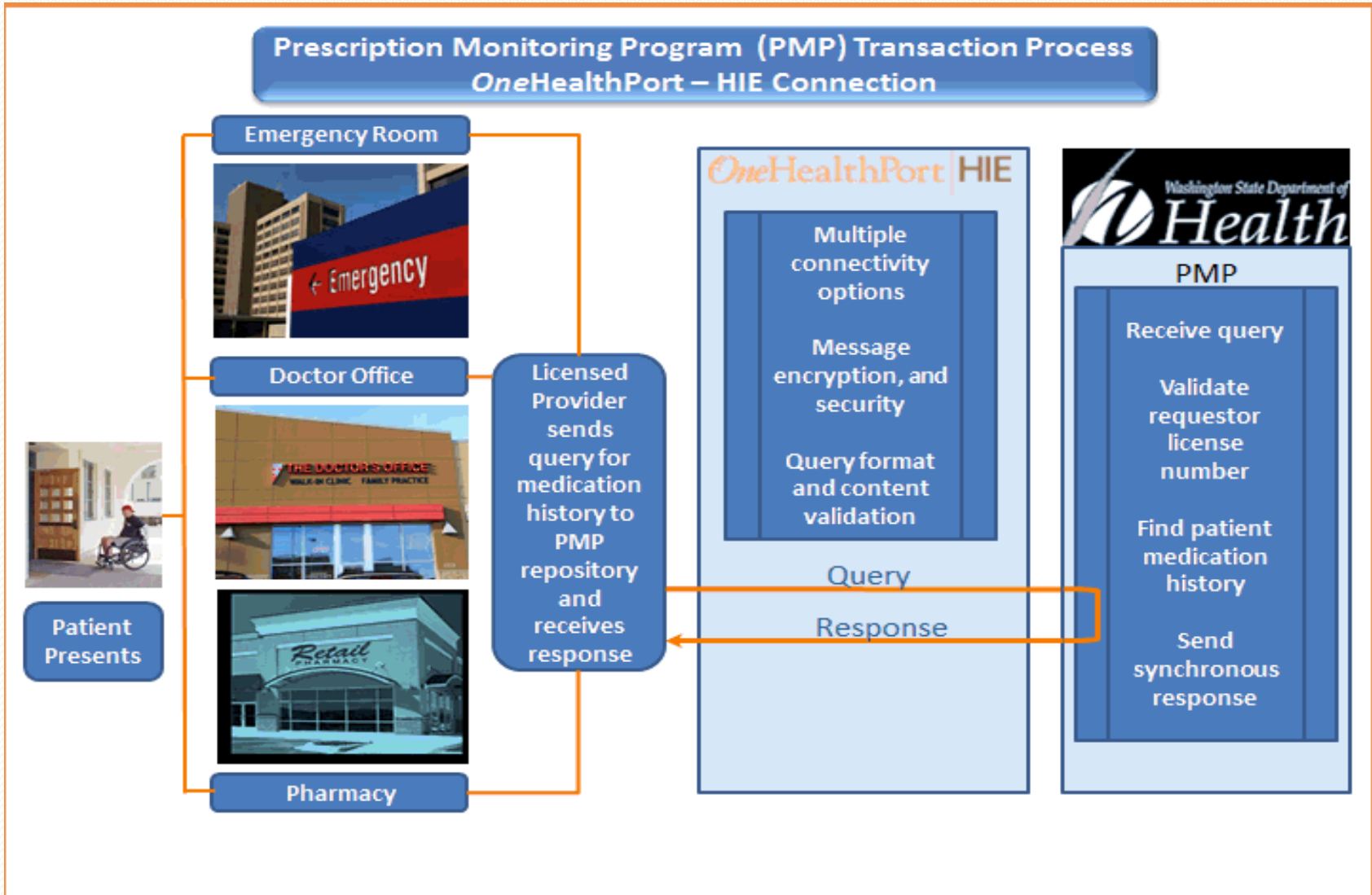


Source: Washington Prescription Monitoring Program

Future enhancements

WA Prescription Monitoring Program

Prescription Monitoring Program



PMP & Meaningful Use

- **Stage 2: Meaningful Use Approval:** WA DOH has obtained approval to list the PMP as an official “other specialized registry” in compliance with stage 2 meaningful use
 - It is listed as an Eligible Professionals (EP) Menu item
 - We feel this will assist trading partners with finding a business reason to connect
- DOH and other state agencies are moving towards mandated participation in the state-wide health information exchange (HIE)
 - DOH has several health systems that will be accessed via the HIE
 - Website: www.doh.wa.gov/healthit



PROGRAM CONTACTS

- **Program Staff:**

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